

# Nutrition Counseling for Cancer Patients

Individual Nutrition Counseling is available to help patients cope with the many issues surrounding a cancer diagnosis, including:

- General nutrition guidelines for balanced nutrition
- Nutrition guidelines for specific cancers
- Nutrition guidelines during various treatments
- Coping with nausea and appetite problems
- Difficulty with swallowing or eating
- Problems with constipation or diarrhea
- Food safety during medical treatment
- Supplements
- Weight management

## Meet our Cancer Center Dietitians:



Greta Macaire, MA, RD, CSO



Lisa Ploss, MPH, RD,  
CSO, CDE, FADA, FAND



### Appointments:

If you would like to meet with a dietitian, please contact your UCSF oncology practice directly for a referral and scheduling.

### Locations:

Nutrition appointments are available at:

- Mission Bay Campus - 1825 4th Street
- Mount Zion Campus - 1600 Divisadero

Video or telephone consults are possible if you are unable to come in person.

This service is open to UCSF cancer patients at no charge, although donations are appreciated.

To learn more please call 415-502-5547

UCSF NET Nutrition link:

<https://neuroendocrine.ucsf.edu/nutrition-links>